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Three Rivers Public Health Department identifies first case of Community Spread in Saunders County

Three Rivers Public Health Department (3RPHD) has identified its first case of Community Spread of COVID-19 in Saunders County; the contact investigation revealed very limited close contact exposure. The case announced yesterday, is a female in her 50s who is recovering at home and in self-isolation. During the investigation process, 3RPHD was unable to identify how or where the person became exposed to COVID-19, making this the first case of community-acquired illness in Saunders County.

Symptoms of the disease include a fever, cough, sore throat, or difficulty breathing. If you have COVID-19 symptoms, or develop symptoms, contact your health care provider and tell them how you are feeling. Please notify them of any potential exposure to a confirmed case of the novel coronavirus. We ask that you call ahead before you go to the doctor's office or an emergency room.

As a result of the first confirmed case of "community spread" of COVID-19 being identified in Saunders County, there is an urgent need to reinforce widespread social distancing strategies. 3RPHD is in communication with state officials in regards to issuing a Directed Health Measure.

The Three Rivers Public Health Department will continue to update our community as new information becomes available. For more information about COVID-19 please visit www.threeriverspublichealth.org or <http://dhhs.ne.gov/coronavirus>.

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